



# *TWIN LAKES MANOR*

777 Volz Ln. Santa Cruz, CA 95062 | (831) 204-0290



## *January 2022*

Residents and Families,

Happy New Year from all of us at Twin Lakes Manor! We had a wonderful Christmas and New Year celebration at the facility and we hope you enjoyed the holidays with the family. We are hopeful for what 2022 will bring and hope everyone is staying safe and healthy.

*Happy Holidays.*

*TLM Staff*

### Upcoming Events

New Years Day -  
January 1st

MLK Day -  
January 17th

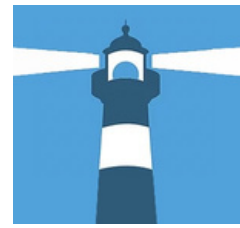


## *Twin Lakes Manor Updates*

Our ongoing goal is to provide the best care for each and every resident, so we are grateful for your continued efforts in helping keep everyone safe. As always, continue to share your ideas with our staff, and we will continue on our mission to provide the best of care to your loved ones.

Twin Lakes Manor continues to strive to keep our community as safe as possible, and we are so appreciative of your continued efforts and understanding throughout this process. Our staff and all residents are officially fully vaccinated and boosted! This is a great push in the right direction, but as Omicron cases rise in our county and state we are still pushing COVID safety guidelines. Family is still allowed to visit, fully masked, and we are requiring that everyone stay 6 feet apart from residents.

# JANUARY 2022



## Twin Lakes Manor Activities

SUN

MON

TUE

WED

THU

FRI

SAT

|   |   |  |   |   |   |   |
|---|---|--|---|---|---|---|
|   |   |  | <b>1</b><br>9:30 - Morning exercise<br>11:00 – Decorating cookies<br>6:30 - Evening teatime | <b>2</b><br>9:30 - Morning exercise<br>11:00 – Board game<br>6:30 – “Happy hour”              | <b>3</b><br>9:30 - Morning exercise<br>11:00 - Jigsaw puzzle<br>6:30 - Movie and popcorn            | <b>1</b><br>9:30 - Morning exercise<br>11:00 – Trivia<br>6:00 - Bingo                     |
| <b>2</b><br>9:30. Morning exercise<br>11:00 – Indoor gardening<br>6:30 – Game Night           | <b>3</b><br>9:30 - Morning exercise<br>11:00 – Manicures & pedicures<br>2:00 - Trivia                   | <b>4</b><br>9:30 - Morning exercise<br>11:00 - Painting<br>6:30 - Movie        | <b>5</b><br>9:30 - Morning exercise<br>11:00 - Baking<br>6:30 - Evening teatime             | <b>6</b><br>9:30 - Morning exercise<br>11:00 - Crafts (origami)<br>6:30 – “Happy hour”        | <b>7</b><br>9:30 - Morning exercise<br>11:00 - Finishing Lines Activity<br>6:30 - Movie and popcorn | <b>8</b><br>9:30 - Morning exercise<br>11:00 –Game<br>2:00 - Painting                     |
| <b>9</b><br>9:30 - Morning exercise<br>11:00 – Crafts (collages)<br>2:00 – Music and lemonade | <b>10</b><br>9:00 - Morning exercise<br>11:00 - Manicures & pedicures<br>2:00 - Bingo                   | <b>11</b><br>9:30 - Morning exercise<br>11:00 - Baking cookies<br>6:30 - Movie | <b>12</b><br>9:30 - Morning exercise<br>11:00 - Painting<br>6:30 - Evening teatime          | <b>13</b><br>9:30 - Morning exercise<br>11:00 – Holiday crafts<br>6:30 – “Happy hour”         | <b>14</b><br>9:30 - Morning exercise<br>11:00 – Card games<br>6:30 – Movie and popcorn              | <b>15</b><br>9:30 - Morning exercise<br>11:00 –Games<br>6:00 - Bingo                      |
| <b>16</b><br>9:30. Morning exercise<br>11:00 - Puzzle and lemonade                            | <b>17</b><br><i>MLK Day</i><br>9:30 - Morning exercise<br>11:00 - Manicures & pedicures<br>6:00 -Trivia | <b>18</b><br>9:30 - Morning exercise<br>11:00 Baking treats<br>6:30 - Movie    | <b>19</b><br>9:30 - Morning exercise<br>11:00 – Arts and crafts<br>6:30 - Evening teatime   | <b>20</b><br>9:30 - Morning exercise<br>11:00 - Zoom music performance<br>6:30 - “Happy hour” | <b>21</b><br>9:30 - Morning exercise<br>11:00 - Decorating Christmas cookies<br>6:30 – Movie        | <b>22</b><br>9:30 - Morning exercise<br>11:00 -Games<br>-5:00 - Christmas Dinner          |
| <b>23</b><br>9:30. Morning exercise<br>11:00 - Puzzle and lemonade                            | <b>24</b><br>9:30 - Morning exercise<br>11:00 - Manicures & pedicures<br>6:00 -Trivia                   | <b>25</b><br>9:30 - Morning exercise<br>11:00 - Painting<br>6:30 - Movie       | <b>26</b><br>9:30 - Morning exercise<br>11:00 –Manicures & pedicures<br>2:00 - Trivia       | <b>27</b><br>9:30 - Morning exercise<br>11:00 - Baking cookies<br>6:30 - Movie                | <b>28</b><br>9:30 - Morning exercise<br>6:30 - Movie and popcorn                                    | <b>29</b><br>9:30 - Morning exercise<br>11:00 - Jigsaw puzzle<br>6:30 - Movie and popcorn |
| <b>30</b><br>9:30. Morning exercise<br>11:00 - Puzzle and lemonade                            | <b>31</b><br>9:00 - Morning exercise<br>11:00 - Manicures & pedicures<br>2:00 - Bingo                   |  |   |   |   |   |

### Important Events

MLK Day - January 17th

All activities are subject to change based on the resident's moods and preferences that day. Religious observance is a time where residents can choose to observe any faith they desire. This is not required, just available for those who choose. Meal schedules are not included in this activity list. Residents are encouraged to partake in other activities during the day besides those listed.