



TWIN LAKES MANOR

777 Volz Ln. Santa Cruz, CA 95062 | (831) 915-2124



January 2020

Happy New Year!

As we close out 2020, I want to take a moment to reflect on some of the silver linings of living with a pandemic this past year. Although this year has been difficult, our residents have kept very resilient and positive attitudes. I also want to commend our staff for showing their dedication and cooperation at a time when we needed them most. Wishing you all a safe, happy and healthy New Year. I look forward to many happy days filled with fun, friendships, and family in the New Year!

Gratefully..

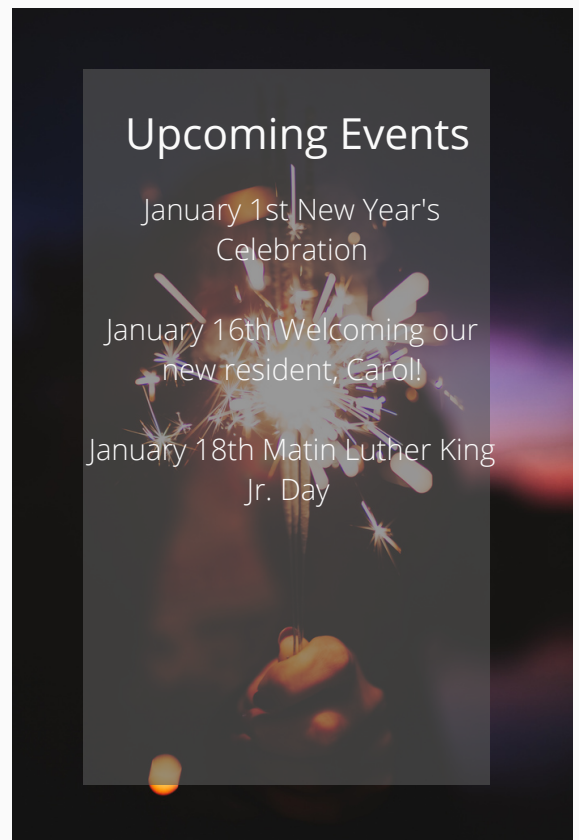
Micaela Muzio

Upcoming Events

January 1st New Year's Celebration

January 16th Welcoming our new resident, Carol!

January 18th Martin Luther King Jr. Day



COVID-19 Updates

Twin Lakes Manor is in the process of getting the COVID-19 vaccine for our staff and residents! During this process we are still enforcing all COVID safe protocols. Visitors are required to wear a mask, sanitize, remain 6 feet from staff and residents, and get a temperature check upon entrance. We discourage anyone besides staff and residents to be inside the facility for longer than 15 minutes. If you would like to visit with a resident for longer than 15 minutes you are allowed to outside in our backyard seating areas. This is to ensure the safety of our staff and residents while we are waiting for the arrival of the vaccine. We will keep you updated on this long awaited process.

For any questions or concerns regarding COVID-19 or the vaccine please contact the director, Jennifer Flores. The article linked below has some helpful information for anyone with questions regarding the vaccine and dementia/Alzheimer's patients.



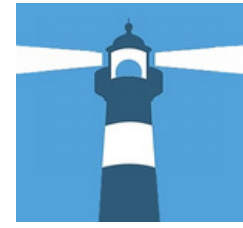
COVID-19 Vaccine: Answers for Dementia Caregivers and People Living with...

Get information and resources for Alzheimer's and other dementias from the Alzheimer's Association.

[Alzheimer's Disease and Dementia](#)



JANUARY 2021



Twin Lakes Manor Activities



SUN

MON

TUE

WED

THU

FRI

SAT

					1 <i>New Years Day</i> 9:30 - Morning exercise 11:00 - Jigsaw puzzle 6:30 - "Happy Hour"	2 9:30 - Morning exercise 11:00 - Coffee and scrabble 6:30 - Movie and popcorn
3 9:30 - Morning exercise 11:00 - Religious observance 6:00 - Bingo	4 9:30. Morning exercise 11:00 - Indoor gardening 6:30 - Board games	5 9:30 - Morning exercise 11:00 - Manicures & pedicures 2.:00 - Trivia	6 9:30 - Morning exercise 11:00 - Painting 6:30 - Movie	7 9:30 - Morning exercise 11:00 - Baking 6:30 - Evening teatime	8 9:30 - Morning exercise 11:00 - Crafts (origami) 6:30 - "Happy hour"	9 9:30 - Morning exercise 11:00 - Finishing Lines Activity 6:30 - Movie and popcorn
10 9:30 - Morning exercise 11:00 - Religious observance 2:00 - Painting	11 9:30 - Morning exercise 11:00 - Crafts (collages) 2:00 - Music and lemonade	12 9:00 - Morning exercise 11:00 - Manicures & pedicures 2:00 - Bingo	13 9:30 - Morning exercise 11:00 - Baking cookies 6:30 - Movie	14 9:30 - Morning exercise 11:00 - Painting 6:30 - Evening teatime	15 9:30 - Morning exercise 11:00 - Arts & crafts 6:30 - "Happy hour"	16 9:30 - Morning exercise 11:00 - Card games 6:30 - Movie and popcorn
17 9:30 - Morning exercise 11:00 - Religious observance 6:00 - Bingo	18 <i>Martin Luther King Jr. Day</i> 9:30. Morning exercise 11:00 - Puzzle and lemonade	19 9:30 - Morning exercise 11:00 - Manicures & pedicures 6:00 -Trivia	20 <i>Inauguration</i> 9:30 - Morning exercise 11:00 Baking 6:30 - Movie	21 9:30 - Morning exercise 11:00 - Arts & crafts 6:30 - Evening teatime	22 9:30 - Morning exercise 11:00 - Puzzle 6:30 - "Happy hour"	23 9:30 - Morning exercise 11:00 - Coffee and scrabble 6:30 - Movie and popcorn
24 9:30 - Morning exercise 11:00 - Religious observance 6:00 - Finishing Lines activity	25 9:30. Morning exercise 11:00 - Puzzle and lemonade	26 9:30 - Morning exercise 11:00 - Manicures & pedicures 6:00 -Trivia	27 9:30 - Morning exercise 11:00 - Painting 6:30 - Movie	28 9:30 - Morning exercise 11:00 - Board game 6:30 - "Happy hour"	29 9:30 - Morning exercise 11:00 - Decorating cookies 6:30 - Evening teatime	30 9:30 - Morning exercise 11:00 -Manicures & pedicures 2:00 - Trivia 31 9:30 - Morning exercise 11:00 - Jigsaw puzzle 6:30 - "Happy Hour"

Important Events

**New Years Eve Dinner -
Thursday, 12/31 at 5:00 p.m.**

**New Years Day Celebration -
Friday, 1/1**

**Please see our COVID-19
Guidelines for information on
visits.**

All activities are subject to change based on the resident's moods and preferences that day. Religious observance is a time where residents can choose to observe any faith they desire. This is not required, just available for those who choose. Meal schedules are not included in this activity list. Residents are encouraged to partake in other activities during the day besides those listed.