

### TWIN LAKES MANOR

777 Volz Ln. Santa Cruz, CA 95062 | (831) 204-0290



#### December 2021

It's hard to believe we are already approaching the Holiday season this year! We are so excited to be fortunate enough to share such a wonderful holiday with you and your families. We are grateful that we endured some trying times; we couldn't have done without all of you! Please see our statement on Holiday activities on the next page.

Happy Holidays. TUM Staff





Dear friends and families,

We hope you all are staying a safe and healthy as we enter the colder weather. With the upcoming holiday season we wanted to inform you what the holiday's will look like at Twin Lakes Manor. In past years we were able to host holiday dinners for families and friends to come and visit their loved ones. Although we are making great progress in fighting COVID-19 our goal is to always prioritize the health and safety of our residents. That being said, this holiday season we will not be hosting any large gatherings at the facility. You are welcome to come and visit during visiting hours or take a resident out for a family gathering. We look forward to hosting you all next year in 2022!

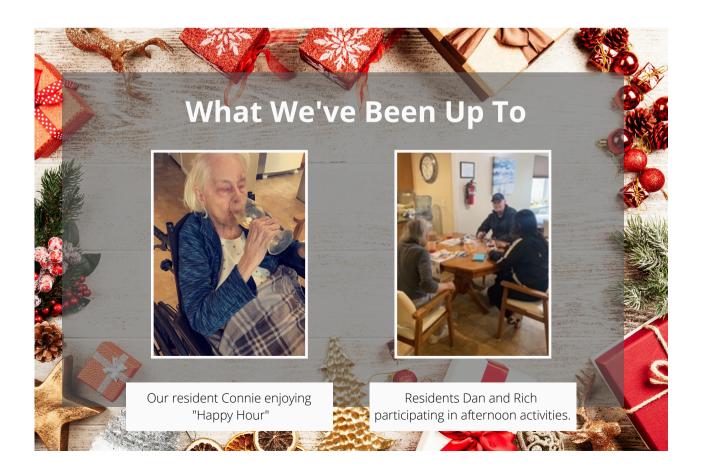
Happy Holidays, Twin Lakes Manor

#### Twin Lakes Manor Updates

Our ongoing goal is to provide the best care for each and every resident, so we are grateful for your continued efforts in helping keep everyone safe. As always, continue to share your ideas with our staff, and we will continue on our mission to provide the best of care to your loved ones.

Twin Lakes Manor continues to strive to keep our community as safe as possible, and we are so appreciative of your continued efforts and understanding throughout this process. We know how important each staff member is to the function of this wonderful community. We're so thankful for those whose hearts are here to care for our TLM family everyday.

As families gather for the holidays, we wish everyone safe travels and blessings all around.



## DECEMBER 2021



# Twin Lakes Manor Activities

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<b>4</b> 9:30 - Morning exercise 11:00 - Trivia 6:00 - Bingo	9:30 - Morning exerdise 11:00 –Game 2:00 - Painting	<b>18</b> 9:30 - Morning exercise 11:00 - Games 6:00 - Bingo	25 <i>Ophstraus</i> 9:30 - Morning exercise 11:00 - Games -5:00 - Christmas Dinner	
9:30 - Morning exercise 11:00 - Jigsaw puzzle 6:30 - Movie and popcorn	10 9:30 - Morning exercise 11:00 - Finishing Lines Activity 6:30 - Movie and popcorn	9:30 - Morning exercise 11:00 - Card games 6:30 - Movie and popcorn	24 **Options Zee 9:30 - Morning exercise 11:00 - Decorating Christmas cookles 6:30 - Movie	31 These Grand Cles 9:30 - Morning exercise 6:30 - Movie and popcorn
2 9:30 - Morning exercise 11:00 – Board game 6:30 – "Happy hour"	9:30 - Morning exercise 11:00 - Crafts (origami) 6:30 - "Happy hour"	16 9:30 - Morning exercise 11:00 - Holiday crafts 6:30 - "Happy hour"	23 9:30 - Morning exercise 11:00 - Zoom music performance 6:30 - "Happy hour"	30 9:30 - Morning exercise 11:00 - Baking cookies 6:30 - Movie
19:30 - Morning exercise 11:00 - Decorating cookies 6:30 - Evening teatime	8 9:30 - Morning exercise 11:00 - Baking 6:30 - Evening teatime	15 9:30 - Morning exercise 11:00 - Painting 6:30 - Evening teatime	22 9:30 - Morning exercise 11:00 - Arts and crafts 6:30 - Evening teatime	29 9:30 - Morning exercise 11:00 - Manicures & pedicures 2:00 - Trivia
	7 9:30 - Morning exercise 11:00 - Painting 6:30 - Movie	14 9:30 - Morning exercise 11:00 - Baking cookies 6:30 - Movie	<b>21</b> 9:30 - Morning exercise 11:00 Baking treats 6:30 - Movie	<b>28</b> 9:30 - Morning exercise 11:00 - Painting 6:30 - Movie
	<b>6</b> 9:30 - Morning exercise 11:00 - Manicures & pedicures 2::00 - Trivia	13 9:00 - Morning exercise 11:00 - Manicures & pedicures 2:00 - Bingo	20 9:30 - Morning exercise 11:00 - Manicures & pedicures 6:00 -Trivia	<b>27</b> 9:30 - Morning exercise 11:00 - Manicures & pedicures 6:00 -Trivia
	5 9:30. Morning exercise 11:00 – Indoor gardening 6:30 – Game Night	12 9:30 - Morning exercise 11:00 - Crafts (collages) 2:00 - Music and lemonade	19 9:30. Morning exercise 11:00 - Puzzle and lemonade	26 Steargam 9:30. Morning exercise 11:00 - Puzzle and lemonade

All activities are subject to change based on the resident's moods and preferences that day. Religious observance is a time where residents can choose to observe any faith they desire. This is not required, just available for those who choose. Meal schedules are not included in this activity list. Residents are encouraged to partake in other activities during the day besides those listed.