

# *TWIN LAKES MANOR*

777 Volz Ln. Santa Cruz, CA 95062 | (831) 915-2124



## *May 2021*

We are so excited that we have been able to start offering some essential visits and family visitors. We know that this has been a huge relief to everyone. We thank you for your patience during this time. We feel like we are on the downhill side of things.

"Remember, happiness doesn't depend upon who you are or what you have, it depends solely on what you think." —Dale Carnegie

*Happy May.*

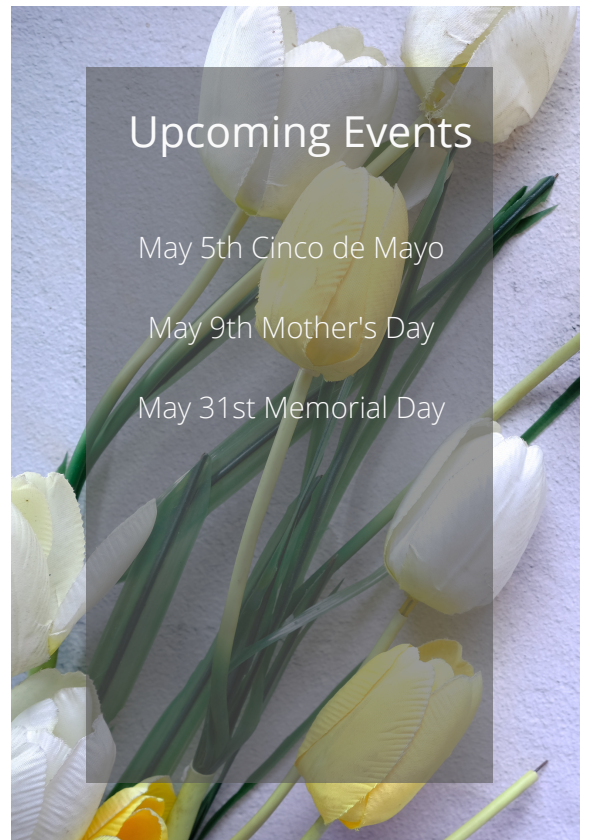
*Micaela Muzio*

### Upcoming Events

May 5th Cinco de Mayo

May 9th Mother's Day

May 31st Memorial Day



## *Twin Lakes Manor Updates*

Last month we welcomed our new resident, Linda! Linda is adjusting to life here at TLM just great, if you are dropping by feel free to stop and say hello (socially distanced of course).

We began clean up in the front and backyard after the winter storms so everyone can enjoy their time outside. We encourage our residents to get outside at least once a day for some fresh air and sunlight! If you are stopping by for a visit longer than 15 minutes we also encourage that you do so outside, weather permitting, or in the residents room with the windows open.

Some of you may have already noticed the changes we made to the front door. Late last month we began installing a delayed egress system to the door, when active this system requires the person to press on the bar for 10 seconds before the door sounds an alarm and opens. This measure was taken to further improve the safety and wellbeing of our residents.



# MAY 2021



## Important Events

Easter Dinner - Sunday, 4/4 at  
5:00 p.m.

Please see our COVID-19  
Guidelines for information on  
visits.



## Twin Lakes Manor Activities

SUN	MON	TUE	WED	THU	FRI	SAT
						<b>1</b> 9:30 - Morning exercise 11:00 - Coffee and scrabble 6:30 - Movie and popcorn
<b>2</b> 9:30 - Morning exercise 11:00 - Religious observance time 6:00 - Bingo	<b>3</b> 9:30 - Morning exercise 11:00 - Indoor gardening 6:30 - Board games	<b>4</b> 9:30 - Morning exercise 11:00 - Manicures & pedicures 2:00 - Trivia	<b>5</b> 9:30 - Morning exercise 11:00 - Painting 6:30 - Movie	<b>6</b> 9:30 - Morning exercise 11:00 - Baking 6:30 - Evening teatime	<b>7</b> 9:30 - Morning exercise 11:00 - Crafts (origami) 6:30 - "Happy hour"	<b>8</b> 9:30 - Morning exercise 11:00 - Finishing Lines Activity 6:30 - Movie and popcorn
<b>9</b> 9:30 - Morning exercise 11:00 - Religious observance time 2:00 - Painting	<b>10</b> 9:30 - Morning exercise 11:00 - Crafts (collages) 2:00 - Music and lemonade	<b>11</b> 9:00 - Morning exercise 11:00 - Manicures & pedicures 2:00 - Bingo	<b>12</b> 9:30 - Morning exercise 11:00 - Baking cookies 6:30 - Movie	<b>13</b> 9:30 - Morning exercise 11:00 - Painting 6:30 - Evening teatime	<b>14</b> 9:30 - Morning exercise 11:00 - Arts & crafts 6:30 - "Happy hour"	<b>15</b> 9:30 - Morning exercise 11:00 - Card games 6:30 - Movie and popcorn
<b>16</b> 9:30 - Morning exercise 11:00 - Religious observance time 6:00 - Bingo	<b>17</b> 9:30 - Morning exercise 11:00 - Puzzle and lemonade	<b>18</b> 9:30 - Morning exercise 11:00 - Manicures & pedicures 6:00 - Trivia	<b>19</b> 9:30 - Morning exercise 11:00 - Baking 6:30 - Movie	<b>20</b> 9:30 - Morning exercise 11:00 - Arts & crafts 6:30 - Evening teatime	<b>21</b> 9:30 - Morning exercise 11:00 - Puzzle 6:30 - "Happy hour"	<b>22</b> 9:30 - Morning exercise 11:00 - Coffee and scrabble 6:30 - Movie and popcorn
<b>23</b> 9:30 - Morning exercise 11:00 - Religious observance time 6:00 - Finishing Lines activity	<b>24</b> 9:30 - Morning exercise 11:00 - Puzzle and lemonade	<b>25</b> 9:30 - Morning exercise 11:00 - Manicures & pedicures 6:00 - Trivia	<b>26</b> 9:30 - Morning exercise 11:00 - Painting 6:30 - Movie	<b>27</b> 9:30 - Morning exercise 11:00 - Board game 6:30 - "Happy hour"	<b>28</b> 9:30 - Morning exercise 11:00 - Decorating cookies 6:30 - Evening teatime	<b>29</b> 9:30 - Morning exercise 11:00 - Coffee and scrabble 6:30 - Movie and popcorn
<b>30</b> 9:30 - Morning exercise 11:00 - Religious observance time 6:00 - Bingo	<b>31</b> 9:30 - Morning exercise 11:00 - Indoor gardening 6:30 - Board games					

All activities are subject to change based on the resident's moods and preferences that day. Religious observance is a time where residents can choose to observe any faith they desire. This is not required, just available for those who choose. Meal schedules are not included in this activity list. Residents are encouraged to partake in other activities during the day besides those listed.